

Undergraduate Resource Series

Office of Career Services | 54 Dunster Street Harvard University | Faculty of Arts and Sciences | 617.495.2595 www.ocs.fas.harvard.edu

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Office of Career Services Harvard University Faculty of Arts & Sciences Cambridge, MA 02138 Phone: (617) 495-2595 www.ocs.fas.harvard.edu

CREATE A STRONG RESUME

A resume is a brief, informative summary of your abilities, education, and experience. It should highlight your strongest assets and skills, and differentiate you from other candidates seeking similar positions. Although it alone will not get you a job or internship, a good resume is an important element toward obtaining an interview.

Tailor your resume to the type of position you are seeking. This does not mean that all of your work history must relate directly, but your resume should reflect the kind of skills the employer would value. Find additional guidance on resumes and cover letters, as well as resume samples, on the OCS website.

NEED HELP?

- Build a strong resume using the **new template on the OCS** website.
- Attend a Resume Workshop. Learn the nuts and bolts of getting started. See the OCS website for dates.
- View the OCS Online Resume Workshop. See the OCS website.
- **Come to drop-ins**. Monday-Friday, 1:00-4:00pm—get any career question answered and have an adviser look at your resume.
 - **Look for industry specific resume review clinics**. Listed on the On-Campus Interviewing Calendar.

RESUME TIPS

RESUME LANGUAGE SHOULD BE:

- Specific rather than general
 - Active rather than passive
 - Written to express not impress
 - Articulate rather than "flowery"
 - Fact-based (quantify and qualify)
 - Written for people who scan quickly

DON'T:

- Use personal pronouns (such as I)
- Abbreviate
- Use a narrative style
- Number or letter categories
- Use slang or colloquialisms
- Include a picture
- Include age or sex
- List references
- Start each line with a date

TOP 5 RESUME MISTAKES:

- 1. Spelling and grammar errors
- 2. Missing email and phone information
- 3. Using passive language instead of "action" words
- 4. Not well organized, concise, or easy to skim
- 5. Too long

DO:

- Be consistent in format and content
- Make it easy to read and follow, balancing white space
- Use consistent spacing, underlining, italics, bold, and capitalization for emphasis
- List headings (such as Experience) in order of importance
- Within headings, list information in reverse chronological order (most recent first)
- Avoid information gaps such as a missing summer
- Be sure that your formatting translated properly if converted to a .pdf

PLAN TO WORK INTERNATIONALLY?

Resume guidelines can vary from country to country. Check out Going Global at http://www.ocs.fas.harvard.edu/students/internships.htm

RESUMES AND COVER LETTERS

Action Verbs for your Resume

| LEADERSHIP | | | | | | | | | |
|----------------------------|-----------------------|---------------|----------------|----------------------|---------------|-----------------------|--------------|--|--|
| | Achieved | Administered | Amalamad | Assiansd | Attained | Chaired | Consolidated | | |
| Accomplished Contracted | | | Analyzed | Assigned Directed | | | | | |
| | Coordinated Headed | Delegated | Developed | | Earned Led | Evaluated Mastered | Executed | | |
| Handled | | Impacted | Improved | Increased | | | Orchestrated | | |
| Organized | Oversaw | Planned | Predicted | Prioritized | Produced | Proved | Recommended | | |
| Regulated | Reorganized | Reviewed | Scheduled | Spearheaded | Strengthened | Supervised | Surpassed | | |
| COMMUNICA | COMMUNICATION | | | | | | | | |
| Addressed | Arbitrated | Arranged | Authored | Collaborated | Convinced | Corresponded | Delivered | | |
| Developed | Directed | Documented | Drafted | Edited | Energized | Enlisted | Formulated | | |
| Influenced | Interpreted | Lectured | Liaised | Mediated | Moderated | Negotiated | Persuaded | | |
| Presented | Promoted | Publicized | Reconciled | Recruited | Reported | Rewrote | Spoke | | |
| Suggested | Synthesized | Translated | Verbalized | Wrote | | | | | |
| RESEARCH | | | | | | | | | |
| Clarified | Collected | Concluded | Conducted | Constructed | Critiqued | Derived | Determined | | |
| Diagnosed | Discovered | Evaluated | Examined | Extracted | Formed | Identified | Inspected | | |
| Interpreted | Interviewed | Investigated | Modeled | Organized | Resolved | Reviewed | Summarized | | |
| Surveyed | Systematized | Tested | | 0 | | | | | |
| Surveyed | oystemutized | resteu | | | | | | | |
| TECHNICAL | | | | | | | | | |
| Assembled | Built | Calculated | Computed | Designed | Devised | Engineered | Fabricated | | |
| Installed | Maintained | Operated | Optimized | Overhauled | Programmed | Remodeled | Repaired | | |
| Solved | Standardized | Streamlined | Upgraded | | | | | | |
| TEACHING | | | | | | | | | |
| Adapted | Advised | Clarified | Coached | Communicated | Coordinated | Demystified | Developed | | |
| Enabled | Encouraged | Evaluated | Explained | Facilitated | Guided | Informed | Instructed | | |
| Persuaded | Set Goals | Stimulated | Studied | Taught | Trained | | | | |
| QUANTITATI | OU ANTELTA TIVE | | | | | | | | |
| Administered | Allocated | Analyzed | Appraised | Audited | Balanced | Budgeted | Calculated | | |
| Computed | Developed | Forecasted | Managed | Marketed | Maximized | Minimized | Planned | | |
| Projected | Researched | Forecasted | Manageu | Marketeu | WIAXIIIIIZEU | Willinized | riainieu | | |
| ODDATIV | | | | | | | | | |
| CREATIVE | Comment | Conceiler 1 | Comparate 1: 1 | Create 1 | Customia 1 | Designed | Davalanal | | |
| Acted | Composed | Conceived | Conceptualized | | Customized | Designed | Developed | | |
| Directed | Established | Fashioned | Founded | Illustrated | Initiated | Instituted | Integrated | | |
| Introduced | Invented | Originated | Performed | Planned | Published | Redesigned | Revised | | |
| Revitalized | Shaped | Visualized | | | | | | | |
| HELPING | | | | | | | | | |
| Assessed | Assisted | Clarified | Coached | Counseled | Demonstrated | Diagnosed | Educated | | |
| Enhanced | Expedited | Facilitated | Familiarized | Guided | Motivated | Participated | Proposed | | |
| Provided | Referred | Rehabilitated | Represented | Served | Supported | | | | |
| ORGANIZATIONAL | | | | | | | | | |
| Approved | Accelerated | Added | Arranged | Broadened | Cataloged | Centralized | Changed | | |
| Classified | Collected | Compiled | Completed | Controlled | Defined | Dispatched | Executed | | |
| Expanded | Gained | Gathered | Generated | Implemented | Inspected | Launched | Monitored | | |
| Operated | Organized | Prepared | Processed | Purchased | Recorded | Reduced | Reinforced | | |
| Retrieved | Screened | Selected | Simplified | Sold | Specified | Steered | Structured | | |
| Systematized | Tabulated | Unified | Updated | Utilized | Validated | Verified | | | |
| | | | 1 | | | | | | |

| Always use your @fas or @college email account and check it frequently, even if you have enabled forwarding. | R | ESUMES ANI | O COVER LETTERS | | | |
|--|---|-------------------------------------|---|--|--|--|
| | Resume sampi | Г | | | | |
| | Roberta Josephina Maddox maddox@fas.harvard.edu | | If an employer asks for your SAT scores or GPA, you can include them in your education section. | | | |
| 433 Mather Mail Center Harvard College Cambridge, MA 02138-6175 | (714) 558-9857 | | 17 Rodeo Road Irvine, CA 92720 | | | |
| | Education | | | | | |
| | PA 3.73. al Political Economics and the European C vard Varsity Field Hockey Program. | Community. | Cambridge, MA May 2015 | | | |
| UNIVERSITY OF LONDON Study abroad coursework in Europ | London, UK May - August 2013 | | | | | |
| IRVINE HIGH SCHOOLIrvine, CAGraduated with high honors. SAT I: M:780 V:760.June 2011National Honor Society. Member of Varsity Field Hockey Team.Use different verbs. | | | | | | |
| and consumer surveys gathering or | narket for new fruit drink using analysis of ver 500 data points. Created ideas for nich g. Presented findings to senior managers u | e marketing campa | aigns including use of | | | |
| - | ES ts for proposals for medium-sized public re brainstorming sessions. Generated correspo | | - | | | |
| TECH HILLS Technology Intern Implemented new web site, includ | ing back end database storage system and | dynamic web page | Laguna Hills, CA May - August 2012 es. | | | |
| Executive Committee Member | Leadership E WOMEN IN BUSINESS (WIB) ing campaign to increase membership. Coo onals and 500 students. | demonstrated t activities as wel | ant interests and skills can be hrough campus and volunteer l as through previous employment. February 2012 - Present conference and networking | | | |
| HARVARD COLLEGE MARAT Training Program Director Developed training program for 25 and The Cambridge Food Project. | THON CHALLENGE 5 charity runners. Raised over \$25,000 to s | · | Cambridge, MA January - May 2012 ooks House Association presenting data. Use | | | |
| | Skills & Interests ccess, Stata, SQL, Java and HTML. versational Spanish, Traveled extensively i | either numera | ls or words but not both. | | | |

Language: Fluent French and Conversational Spanish. Traveled extensively in Europe. Interests: Ultimate Frisbee, Bhangra dance, and European films.

Optional category examples

You may wish to adopt these categories if relevant to your experience or the opportunity you are applying for. If you have significant experience in a specialized category, consider using that as your primary "Experience" section. Note that both paragraph and bulleted formats are shown as options.

Leadership Experience HARVARD SOCIETY OF BLACK SCIENTISTS & ENGINEERS

President

September 2013 - May 2014 Provided strategic direction and developed annual goals for this 90 member student group. Organized board and general meetings. Oversaw existing activities, programs, and collaborations with other student organizations. Represented group in Black Community Leaders Organization.

HARVARD COMPUTER SOCIETY

Membership Coordinator / Board Member

Organized marketing and advertising campaign, resulting in a 20% increase in membership. Coordinated tech conference and networking reception for thirty professionals and 75 students. Upgraded and enhanced website.

Public Service Experience

CAMBRIDGE DEPARTMENT OF SOCIAL SERVICES

Intern

- Conduct site visits to area social service agencies to assist in evaluating effectiveness of service delivery. Observe • experienced counselors and social workers in private settings with clients.
- Analyze data to determine trends in service usage.

PHILLIPS BROOKS HOUSE ASSOCIATION

Summer Urban Program Senior Counselor

- Organized activities at summer camp encouraging academic achievement among inner city and underresourced children. Managed a \$500 activities budget.
- Produced and implemented a curriculum for girls aged 11-12 exposing campers to female leaders in the community, community service, and health education.

Technical Skills

Programming: .NET, C, C++, C#, PHP/MySQL, Scheme, Perl, Python, MATLAB, JavaScript, OCaml. **Operating Systems:** Windows 8 / 7 / Vista / XP, MAC OS X and Linux. Web Design: Designed www.abc.com, www.xyz.com

Research Experience

STANFORD NANOTECH RESEARCH CENTER

Research Intern

Project: Microfabrication of Thin-film Heaters to Simulate Hotspots.

- Fabricated devices for testing effectiveness of nanoscale patch used to cool down hotspots on microprocessors.
- Utilized cleanroom facilities to create devices that contain hotspot heater and temperature sensors to simulate heat generation.

Performing Arts Experience

MAINLY JAZZ DANCE COMPANY **Dancer / Coreographer**

October 2013 - present Perform traditional jazz, lyrical, hip hop, funk, and modern dance at performances open to the public throughout the year. Teach dance routines to students at local elementary school.

Activities

LOWELL HOUSE COMMITTEE

Member. Collaborate on social and community service activities.

MASSACHUSETTS GENERAL HOSPITAL

Hospital Volunteer. Commit 5 hours per week greeting patients.

Cambridge, MA Sept 2013 - Present

Boston, MA Jan - May 2014

June – Aug 2012

Cambridge, MA

Cambridge, MA January - May 2013

Cambridge, MA

September 2013 - Present

Cambridge, MA

Dorchester, MA

June – August 2013

Palo Alto, CA

RESUMES AND COVER LETTERS

To help you design a strong resume, OCS now offers you formatted templates. On the OCS website, search "OCS Resumes" and click on template. Choose bullets or paragraph style, fill in your information, and then bring your draft to drop-ins for editing and feedback.

Resume Template 1

Your Name

name@college.harvard.edu Phone Number

Education

Home Street Address City, St, Zip Code

HARVARD UNIVERSITY

Harvard Mail Center

Cambridge, MA 02138

Degree, Concentration. GPA [Note: Optional] Relevant Coursework or Thesis: [Note: Optional. Awards and honors can also be listed here.]

STUDY ABROAD [Note: If Applicable] Study abroad coursework in .

NAME OF HIGH SCHOOL [May include GPA, SAT scores, or academic honors an employer may want to know]

Experience

ORGANIZATION

Position Title Beginning with your most recent position, describe your experience, skills, and resulting outcomes in bullet or paragraph form. [Note: Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements. Quantify where possible. Do not use personal pronouns; each line should be a phrase rather than full sentence.]

ORGANIZATION City, State Month Year – Month Year **Position Title** With your next-most recent position, describe your experience, skills, and resulting outcomes in bullet or paragraph form. [Note: Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements. Quantify where possible. Do not use personal pronouns; each line should be a phrase rather than full sentence.]

Leadership and Activities

ORGANIZATION Role Month Year – Month Year [Note: This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. If this section is more relevant to the opportunity you are applying for, consider moving this above your Experience section.]

ORGANIZATION

Role

Month Year – Month Year [Note: This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. If this section is more relevant to the opportunity you are applying for, consider moving this above your Experience section.]

Skills & Interests [Note: Optional]

Technical: List computer software and programming languages Language: List foreign languages and your level of fluency Laboratory: List scientific / research lab techniques or tools [If Applicable] Interests: List activities you enjoy that may spark interview conversation

City, State Month Year – Month Year

Graduation Date

Cambridge, MA

City, Country Date

City, State Graduation Date

City, State

City, State

RESUMES AND COVER LETTERS RESUME TEMPLATE 2 (WITH BULLET POINTS)

Ima Student

ima@college.harvard.edu

Phone Number

Home Street Address City, St, Zip Code

Education

HARVARD UNIVERSITY

Harvard Mail Center

Cambridge, MA 02138

Degree, Concentration. GPA [Note: Optional] Relevant Coursework or Thesis: [Note: Optional. Awards and honors can also be listed here.]

STUDY ABROAD [Note: If Applicable] City, Country Study abroad coursework in .

NAME OF HIGH SCHOOL

[Note: May include GPA, SAT scores, or academic honors an employer may want to know]

Experience

ORGANIZATION

Position Title

- Beginning with your most recent position, describe your experience, skills, and resulting outcomes in bullet or • paragraph form.
- Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements.
- Quantify where possible. •
- Do not use personal pronouns; each line should be a phrase rather than full sentence. ٠

ORGANIZATION

Position Title

- With your next-most recent position, describe your experience, skills, and resulting outcomes in bullet or • paragraph form.
- Begin each line with an action verb and include details that will help the reader understand your accomplishments, skills, knowledge, abilities, or achievements.
- Quantify where possible. .
- Do not use personal pronouns; each line should be a phrase rather than full sentence. •

Leadership and Activities

ORGANIZATION

Role

- This section can be formatted similarly to the Experience section, or you can omit descriptions for activities. •
- If this section is more relevant to the opportunity you are applying for, consider moving this above your Experience section.

Skills & Interests [Note: Optional]

Technical: List computer software and programming languages Language: List foreign languages and your level of fluency Laboratory: List scientific / research lab techniques or tools [If Applicable] Interests: List activities you enjoy that may spark interview conversation

Cambridge, MA Graduation Date

Date

City, State Graduation Date

City, State Month Year – Month Year

Month Year – Month Year

Month Year – Month Year

City, State

City, State

WRITE AN EFFECTIVE COVER LETTER

Your cover letter is a writing sample and a part of the screening process. By putting your best foot forward, you can increase your chances of being interviewed. A good way to create a response-producing cover letter is to highlight your skills or experiences that are most applicable to the job or industry and to tailor the letter to the specific organization you are applying to.

| | Your Street Address City, State, Zip Code |
|--|---|
| | Date of Letter |
| Use complete title and address. | Contact Name Contact Title Company Name Street Address City, State, Zip Code |
| Address to a particular person | Dear: |
| if possible and remember to use a colon. | Opening paragraph: Clearly state why you are writing, name the position or type of work you're exploring and, where applicable, how you heard about the person or organization. |
| Make the ad- dressee want to read your resume. Be brief, but specific. | Middle paragraph(s): Explain why you are interested in this employer and your reasons for desiring this type of work. If you've had relevant school or work experience, be sure to point it out with one or two key examples; but do not reiterate your entire resume. Emphasize skills or abilities that relate to the job. Be sure to do this in a confident manner and remember that the reader will view your letter as an example of your writing skills. |
| Ask for a meeting and remember to follow up. | Closing paragraph: Reiterate your interest in the position, and your enthusiasm for using your skills to contribute to the work of the organization. Thank the reader for his/her consideration of your application, and end by stating that you look forward to the opportunity to further discuss the position. |
| letters. | Sincerely, |
| | Your name typed |

Some general rules about letters:

- Address your letters to a specific person if you can.
- Tailor your letters to specific situations or organizations by doing research before writing your letters.
- Keep letters concise and factual, **no more than a single page**. Avoid flowery language.
- Give examples that support your skills and qualifications.
- Put yourself in the reader's shoes. What can you write that will convince the reader that you are ready and able to do the job?
- Don't overuse the pronoun "I".

- Remember that this is a marketing tool. Use lots of action words.
- Have an OCS adviser proofread your letter.
- If converting to a .pdf, check that your formatting translated correctly.
- Reference skills or experiences from the job description and draw connections to your credentials.
- Make sure your resume and cover letter are prepared with the same font type and size.

Sample Cover Letter

September 20, 2014

Ms. Ellie Wells Senior Manager Wallaby Yogurt Company 110 Mezzetta Court American Canyon, CA 94503

Dear Ms. Wells:

I am a senior at Harvard University and am writing to apply for the Manager in Training opportunity at the Wallaby Yogurt Company posted on Harvard's Crimson Careers database. I am very interested in the field of marketing and would welcome the opportunity to contribute my research and writing skills and experience to your growing business.

I am excited about Wallaby's commitment to organic, all-natural ingredients in its products. As a varsity field hockey player, I am very aware of the importance of healthy food as the foundation for a healthy life. Your emphasis on "learning by doing and leading by serving" is also consistent with the training I received as an athlete. Whether on the field learning new drills in the worst weather conditions or patiently working with a new team member, I am most fulfilled when contributing to the team effort.

In addition to my concentration in History, I have completed coursework in Economics. My academic work has strengthened my research and writing skills as well as my understanding of the economics of business growth and development. Working with Harvard Undergraduate Women in Business (WIB) over the last two years gave me the experience and confidence to work in a dynamic, fast-paced organization where learning quickly and pitching in are instrumental to success. As a member of the Executive Committee, for example, I managed campus advertising campaigns that increased overall membership and attracted more than 500 students from 12 different schools to our annual Intercollegiate Fall Conference.

Thank you for your consideration. I very much look forward to the opportunity to speak with you in person about my interest in this position.

Sincerely,

Ima Student